DETAILED PROGRAM

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www.arttherapy.org/annual-conferences
Detailed Program Listing

This year our program schedule has a completely new look and feel! Be sure to review the entire program before making your travel plans to ensure you are arriving to Washington, DC at the correct time!

Before you begin reviewing the detailed schedule, please be sure to review information about sessions and continuing education. It’s important to note that all of the educational sessions (EXCEPT for Focus Groups, Posters and Pop-Up Learning) provide continuing education. Each session description is clearly marked. See more information on Continuing Education.

Each session description also provides a Subject Track Code to help you find content that is applicable to your interests. Read more about Session Subject Codes. Example: TR-37 (this session’s content is focused on “Trauma”).

New This Year! We asked the conference presenters to identify the level of the material they were presenting to help attendees navigate sessions that will be most applicable to them. Each session description provides one of the two Content Levels: (1) Basic – Material will be most beneficial for Graduate Students, Recent Graduates or those exploring art therapy to build knowledge; (2) Intermediate to Advanced – Material will be most beneficial for mid-level to advanced and credentialed professionals with established practices and careers.

Presenter Bio information, including degrees, credentials and licenses is being added to this program, as provided to us.

PLEASE NOTE: Sessions that require preregistration and additional fees are highlighted in the detailed schedule below. Most of the AATA’s educational sessions are “general seating” which means at the time of the session you simply go to the room to attend and they are included in the conference registration packages. The conference will feature more than 215 educational sessions.

Search the Program by Day: Thursday Friday Saturday Sunday

Key Code: ☒ = Separate Registration Required ☒ = By Invitation ☐ = Not Included in Economy Daily 2-Day Packages

Wednesday, October 28
4:00 pm to 6:00 pm: Conference Registration is Open

Thursday, October 29
7:00 am to 6:30 pm: Conference Registration is Open
8:00 to 10:00 am: Session for Educators, Coordinated by the AATA Education Committee
10:00 am to 12:00 pm: CATE MEETING (Coalition for Art Therapy Educators)

TA-73 | Exploring Art Therapy Assumptions through the Lens of Neuroscience | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Christianne Strong, PhD, ATR-BC, CEDCAT-S
The lens of neuroscience will be used to explore assumptions that underlie the practice of art therapy and increase understanding of connections between art-making, emotional processing, and emotional expression. Experiential components will reinforce information about interconnections between art making and brain regions associated with visual-
motor, emotional, autonomic, and cognitive behaviors.

**PP-89 | Empowering Vulnerable Youth Through Art Therapy: Exploring Practice in Two Governmental Agencies | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

_Latesha White, MA, ATR-BC, LCAT and Mitra Reyhani Dejkameh, PhD, MFA, MA, ATR-BC, LCAT_

The course explores art therapy with adolescents with self-injurious behavior and youth in the welfare system at risk of sexual exploitation and trafficking. Description of practice in two government organizations will focus on trauma through its diverse roots pertaining to family systems issues, socioeconomic and welfare systems, and psychiatric disorders.

**MC-148 | Exploring the Box Through Cultural Lenses Using Korean Traditional Hahm | ATCB, NY LCAT**

_Hyunjung Lee, Seungeun Kim, Sojung Park, PhD, ATR-BC, LCAT, Soo Yeon Choi, MA, and Yuri Kim_

The box plays a central role in many art therapy interventions, yet the cultural significance of the box has been overlooked. This course provides an overview of the therapeutic meaning behind the box and its cultural connotations, as well as hands-on experience in creating the Korean traditional box called Hahm.

**PS-175 | Mentalizing in Art Therapy: Theory and Interventions | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

_Kate Marder, MA, ATR-BC, LPC and Kula Moore, MA, ATR-BC, LPC, CPRP_

This half-day workshop will provide an overview of mentalizing and its application to art therapy. The presenters will describe art therapy directives and methods to promote conditions for mentalizing and address nonmentalizing in group and individual settings. Participants will practice mentalizing interventions through experiential art making and role-play.

**AC-284 | Interrupting Racism through Confronting White Fragility | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

_Karen Estrella and Lauren Leone_

This session will explore the concept of white fragility and provide a space for white-identifying art therapists to work individually and together on the ethical responsibility of recognizing privilege, confronting internalized racism, and identifying how this manifests on individual and structural levels in the field of art therapy.

**GM-285 | Practical Theory-Based Approaches To Grief Processing With Art Therapy | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

_Rachel Brandoff, PhD, ATR-BC, ATCS, LCAT_

This hands-on session will introduce attendees to modern grief theory linked to art therapy directives that can be immediately implemented in practice with clients. Attendees will gather a variety of practical tools to assess clients’ grief style and preferences, and design directives that invite working on grief through art.

**SC-320 | Leading With, Not For: Radical Connection and Studio-Based Art Therapy | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

_Cathy Goucher and Jill Scheibler_

In this course, a presenting team of professional art therapists, artists with disabilities, and partnering graduate students will invite participants to experientially explore how art therapists can incorporate transdisciplinary methods for community engagement and client empowerment, inspired by progressive art studios and the Art Hives movement.

**TR-337 | A Neurosequential Art Approach: Mirroring, Bilateral Drawing and the Squiggle Story | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

_Peggy Kolodny_

Neurodevelopmental trauma theory integrated with art therapy is explored. An overview of Perry’s Neurosequential Model and of EMDR bilateral concepts will demonstrate the overlap with the Expressive Therapies Continuum. We’ll engage in an experiential following the neurosequential art process from meditative mudras to bilateral scribbling, ending with The Squiggle Story.

**12:00 to 1:00 pm POP-UP LEARNING SESSIONS (SESSIONS WILL BE POSTED ONSITE)**

**12:15 to 12:45 pm - NEWCOMERS’ SESSION**

**1:00 to 2:15 pm - OPENING PLENARY LUNCHEON (Those who purchased Economy, Daily or Two-Day registration packages can purchase a ticket separately.) Featured Keynote by Candy Chang, an artist who believes our shared spaces can play a vital role in reshaping how we see one another**
and ourselves. Her participatory public art invites people to share their inner lives that form an honest portrait of our emotional health as individuals and as a community. After the death of a loved one, she created the public art project *Before I Die*, which reimagines the ways the walls of our cities can help us grapple with mortality and meaning as a society today. *The Atlantic* called it “one of the most creative community projects ever,” and over 5,000 *Before I Die* walls have since been created by residents in more than 75 countries. Candy will be in the conference bookstore following her keynote, for book signings.

2:30 pm to 5:30 pm EXHIBITS/BOOKSTORE/OPEN ART STUDIO

Be sure to visit the Open Art Studio, to make art and get creative. Thank you to Blick Art Materials who generously sponsors our Studio!

2:30 pm to 6:00 pm LACTATION ROOM

A room near the conference meeting rooms will be available for those who are nursing or pumping. The room will have plug points and a mini-fridge and microwave. Please let us know if you plan to use the room so we can make sure your needs are met!

2:30 to 4:00 pm PANEL SESSIONS

**FS-45 | Advancing Progress in Corrections:**

*Introducing a Statewide Art Therapy in Prisons Program* | Basic | ATCB, NY LCAT

*David Gussak, Casey Barlow, Evie Soape, MA, ATR, LMHC, and Jerry Brown*

Recognizing what art therapy can offer their inmate population, the Florida Department of Corrections contracted the Florida State University Art Therapy Program to develop the FSU/FL-DOC Art Therapy in Prisons Program in which full-time art therapists were hired to provide art therapy for young inmates to help overcome their challenges.

**PP-174 | The Act of Creation: Therapist as Entrepreneur** | Intermediate to Advanced | ATCB, NBCC, NY LCAT

*Emery Mikel, MA, ATR-BC, LCAT, Emily Nolan, Jennifer DeLucia, Mitra Reyhani Dejkameh, PhD, MFA, MA, ATR-BC, LCAT Reina Lombardi, MA, ATR-BCCS, LMHC-QS and Chandra Davis*

Therapists seek opportunities in new settings, build programs to address unmet needs, and contribute to growth through job creation and increased access to services. Panelists present their entrepreneurial experiences, exploring how they identified opportunity, managed risk, and used resources and skills to contribute to their success.

2:30 to 3:20 pm PAPER SESSIONS

**RE-23 | Exploration of Art Therapy and Nature:**

*Impact on Happiness and Life Satisfactions* | Basic | ATCB, NBCC, NY LCAT

*Morgan Gaydos, Erin Poland and Skylar Sena*

Considering an individual’s state of happiness, concepts such as fulfillment, enlightenment, and contentment, help define happiness. This presentation will explore positive affect and increased life satisfaction through the impact of nature-based experiences, specifically through art therapy, and how connecting to nature can help facilitate positive changes in an individual’s life.

**TR-209 | Art Therapy for Veterans: A Social Return on Investment Analysis** | Intermediate to Advanced | ATCB, NY LCAT

*Holly Bowen-Salter, BPsych, BHlthSci*

This presentation details the methodological processes and results of conducting a social return on investment (SROI) analysis on an Art Therapy program for veterans with PTSD. SROI analysis translates personal, social, and community outcomes into a monetary ratio against dollars invested to communicate social impact to funding bodies.

**RE-237 | Introducing the Children's Section to the FEATS Rating Manual** | Intermediate to Advanced | ATCB, NBCC, NY LCAT

*Amy Bucciarelli, MS, ATR-BC, LMHC and Linda Gantt*

The Formal Elements Art Therapy Scale Rating Manual (FEATS) has been revised to include a children’s section. This paper presentation will outline the new section. Presenters will review how the FEATS can be used in clinical and research settings to study children’s drawings and will suggest opportunities for research collaborations.

2:30 to 3:20 pm MASTER SUPERVISION SESSION

*(Limited to 25 participants and not intended for students)*

**MC-137 | Multicultural Master Supervision** | Intermediate to Advanced | ATCB, NBCC, NY LCAT

*Charlotte Boston*

This Multicultural Supervision session aims to foster an atmosphere of openness to share experiences of learning and discussion.
2:30 pm to 4:00 pm WORKSHOPS (Separate registration and tickets required)

MS-250 | Resiliency Beads: A (Bite-Sized, Strength-Based, and Practical) Response Art Ritual | Basic | ATCB, NY LCAT
Kytana N. Pribe
Art therapists face many challenges working in a medical setting, but a clinician’s professional processing often gets understated and/or neglected. Learn an innovative and time-sensitive response art directive that addresses the unique difficulties of providing art therapy in a medical setting to better prevent compassion fatigue, vicarious trauma, and burnout.

SC-341 | Honoring the Healer Within | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Lauren Owenmark, MA, ATR-BC, LCPC
Time to replenish the vessel! This workshop will use SoulCollage®, which involves creating a personal set of collaged cards, to explore your internal healers within a nurturing, supportive environment. Workshop participants will leave with a tangible reflection of their inner healer, while also tending to themselves as caregivers.

PP-352 | Constructed Visual Narratives: Creatively Advancing Our Discipline's Professional & Mental Health Perspectives | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Ronald Lay, MA, AThR, ATR-BC
This experiential workshop invites participants to construct visual narrative(s), within their own pre-made hardcover book, that contemplatively addresses the advancement of our discipline’s professional and mental health perspective(s). Engaging in one’s own artmaking reinforces the core tenets of our discipline and ensures the vitality of our professional identity and practice.

3:30 to 4:20 pm PAPER SESSIONS

MS-29 | Group Art Therapy in an Outpatient Setting for Teens with Chronic Pain | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Julie Moreno, PhD, LPC, ATR-BC
This presentation explores group art therapy treatment with teens with complex pain. Mindfulness-based group art therapy instills coping strategies for anxiety for this population. MiPAIN is an intensive outpatient program comprised of a trans-disciplinary treatment team through University of Michigan Medicine’s Mott Children’s Hospital.

MS-232 | Practicing Cultural Humility in Art Therapy | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Rapinder Kaur, RP, RCAT QATAR
This engaging presentation will explore how power and privilege in relationships and institutions hinder therapeutic work. Presenter will discuss how the framework of cultural humility provides a compelling way to address the inequities when applied in art therapy. Participants will be invited to engage in self-reflective exercises during the presentation.

3:30 to 4:20 pm MASTER SUPERVISION SESSION (Limited to 25 participants and not intended for students)

PP-131 | Master Supervision Group: Eating Disorders | Intermediate to Advanced | ATCB, NY LCAT
Eileen Misluk-Gervase, MPS, ATR-BC, LMHC, CECDAT
This master supervision provides an opportunity for eating disorder art therapists to provide case consultation and share clinical experiences essential in professional competency. This master supervision is for art therapists who are working with individuals with eating disorders and will discuss best practices.

4:15 to 5:45 pm PANEL SESSION

ES-176 | Integrating an Art Therapy and Neuroscience Lens in Education, Training, and Practice | Intermediate to Advanced | ATCB, NY LCAT
Erin Rafferty Bugher, MAAT, ATR-BC, LPCC, Kristin Kane, Jennifer Kleinhans, Angela Dirks, BFA, MA (2021), Kellie Benson, and Andy Paulson
This panel will provide a framework that supports the intentional integration of neuroscience principles into art therapy education, training, and practical application. Representatives from faculty, students, and field site partner share their collaborative experiences and the results of the integrated art therapy neuroscience-informed approach.

4:15 to 5:45 pm WORKSHOPS (Separate registration and tickets required)

MS-15 | Working with African American Women & Men in Therapy: Narratives as Art | Basic | ATCB, NBCC, NY LCAT
Angela Clack, PsyD, LPC, ACS
For several decades now, the knowledge base about psychological trauma has continually expanded in the professional literature. This expanding base has not increased its scientific attention and focus on race, ethnicity, culture and psychological trauma.
Our goal as clinicians is to depathologize and eliminate the feelings of oppression and invisibility.

This thesis research explored how art therapy, using a school-based approach, served as an outlet for high-risk adolescents to practice and strengthen healthy problem-solving skills. An adolescent female’s artwork and behaviors were analyzed to identify how constructive decision-making was used.

4:30 to 5:20 pm MASTER SUPERVISION SESSION (Limited to 25 participants and not intended for students)

AS-168 | Master Supervision In Substance Addiction | Intermediate to advanced | ATCB, NBCC, NY LCAT
Libby Schmanke, MS, ATR-BC, ATCS, LCAC, MAC
This session is open to participants working in substance abuse to bring in specific client case problems or to seek ideas for dealing with general issues of concern, such as special populations, issues related to the opioid epidemic, ethical issues (self-disclosure, boundaries), or the identification of effective directive interventions.

5:30 to 6:20 pm PAPER SESSIONS

TR-39 | Quilting as Therapy | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Kathleen Decker, MD
The use of quilting to treat mental health issues and trauma is reviewed, as well as postulated mechanisms of its benefits, and similarity to other art therapy techniques. Results of two projects will be presented in which quilting was used to facilitate recovery from mental health trauma.

RE-61 | Examining Intimate Partner Violence (IPV) Survivors’ Experiences with Group Art Therapy | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Olena Darewych
This paper presents the findings of a phenomenological, community-based study that examined intimate partner violence (IPV) survivors’ experiences with group art therapy. The project was built upon a community-based research design valuing collaboration with non-profits, knowledge sharing, and power sharing.

TR-141 | There's Nothing Micro about Aggressions (Effects of Racism on African Americans' Health) | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Blanche Brown, MBA, MS-AT, LPC-IT, LMFT-IT
This session will present the physiological effects of racism and discrimination on African Americans, better described as microaggressions. Strong evidence suggests that American society continually denies the lasting effects of trauma. If true, how can
trauma survivors make sense and understand what has happened to the recapture their sense of self?

4:30 to 5:20 pm MASTER SUPERVISION SESSION (Limited to 25 participants and not intended for students)

ET-356 | Master Supervision Group: A Positive Approach to Ethical Decision Making | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Coretta Harding, PhD, LPC, ATR-BC, NCC
A positive approach to ethical decision making can enhance the art therapy experience for both clients and therapists. Positive interpretations of ethical principles emphasize empowering excellence. This master supervision class will contrast the usual risk management view with a powerful positive approach to ethical decision making.

6:15 to 7:45 pm PRESIDENT’S OPENING RECEPTION (Not included in Economy, Daily or 2-Day Registration Packages. Tickets can be purchased separately.) The opening reception is a fun way to reconnect with your colleagues and friends while enjoying drinks (cash bar) and light fare (appetizers) as you mingle with both new and old friends. Please keep in mind, this is NOT a dinner event.

Friday, October 30
7:00 am to 5:00 pm
CONFERENCE REGISTRATION OPEN

7:30 am to 6:00 pm LACTATION ROOM
A room near the conference meeting rooms will be available for those who are nursing or pumping. The room will have plug points and a mini-fridge and microwave. Please let us know if you plan to use the room so we can make sure your needs are met!

8:00 to 9:45 am: PLENARY SESSION
MC-363 | Altered Altars: Collective Healing | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Presented by: Lindsey Vance, ATR-BC, LPC, and Invited Co-Panelists: Bakari Ibrahim, Elizabeth Dale-Deines, Sarah Crappo, Aniekan Udofia and Ronald Moten

Historically altars are known as raised sacred spaces in which sacrifices and offerings are placed to honor or worship. In a time in which so much is happening in our world and it is filled with loss and hardship many have found new ways in which to honor and sacrifice for the purpose of healing. This idea of an altered altar will join together the creative ways in which the DC community has begun collective healing through celebration and remembrance. This interactive panel will share the work they have done to create collective healing spaces and offer the participants an opportunity to heal as well.

9:45 am to 5:00 pm EXHIBITS/BOOKSTORE/OPEN ART STUDIO

10:00 to 11:30 am PANEL SESSIONS
PP-187 | When the Helper is Hurt: Survive and Thrive After a Workplace Trauma | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Christine Czuhajewski, MA, MT-BC, Janet Kempf, MA, ATR-BC, and Stacey Nelson, MA, LCPC, LCPAT, ATR-BC
Assault by clients is an occupational hazard that can be physically and psychologically devastating. However, there are limited discussions regarding harm to mental health professionals on the job. The panelists will present proactive strategies in creating safer work settings and describe post incident professional issues including trauma recovery and growth.

SS-221 | School Based Art Therapy Practices to Ameliorate Symptoms of Anxiety | Basic | ATCB, NBCC, NY LCAT
Colleen Siskar, Kristin Winter and Marygrace Berberian
Effective interventions within the school setting can address students’ underlying issues, reducing or eliminating the need for special education services and clearing a path for academic learning. This presentation will offer interventions to address anxiety that impacts students’ abilities to cope with stressors, meet academic demands and improve overall well-being.

ES-145 | Art Therapy Short Film Festival | Basic | ATCB, NBCC, NY LCAT
Sarah Pray, and Selected Filmmakers
This panel session, The Art Therapy Film Festival showcases selected short films related to the field and practice of art therapy. Each film screening will be followed with a discussion with the filmmaker (if present) and audience reflection. To submit a film download and submit the application.
PP-354 | Beyond Words: Using Response Art to Converse with Clients | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Michael Pretzer, MA, ATR-BC, LCPAT and Sara Blevins
Response art is commonly used reflectively for insight or self-care. It can also be used to communicate directly with clients and within groups. After a review of its applications in art therapy, participants will organize into pairs and small groups to “converse” by collaborating in the creation of response art.


Denise Rochelle Wolf, MA, ATR-BC, ATCS, LPC and Katie Durr
This sensory-rich workshop for educators and practitioners engages participants in quick thinking to generate art therapy engagements utilizing intriguing art therapy media. Participants will work competitively in small groups in three “rounds” to create tasks for an individual, group, and family setting. Multicultural aptitudes will be highlighted.

GE-5 | Ageism, Imagery, and Art Therapy: Addressing Stereotypes | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Erin Partridge, PhD, ATR-BC
Ageist beliefs can have profound impacts on the lives of older adults, communities, and institutions. This session will explore how and where ageism shows up in art therapy, strategies to address internalized ageism, and the use of art to call attention to ageism in our daily lives and institutions.

TR-112 | Safe Place Resourcing: A Collage Based Art Therapy Protocol for Managing Trauma | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Denise Brancheau, MA, Ed.S, ATR-BC, LCPAT and Tally Tripp, MA, MSW, ATR-BC
Participants will be guided through a collage making protocol developed for trauma treatment and focused on creating safety to manage traumatic stress. We will explore the challenges of establishing safety in trauma treatment, share the findings from our IRB research study and discuss implications for further study and application.

MC-259 | Art Therapists of Color - Focus Group

DeLora Putnam-Bryant
Art therapists of color are invited to share their clinical, personal and career experiences. This is an opportunity to connect and support other art therapists of color.

PP-116 | Master Supervision Class: The Expressive Therapies Continuum | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Megan Van Meter and Lisa Hinz, PhD, ATR-BC
To date, the art therapy community has not been provided with a consistent forum for offering Expressive Therapies Continuum-related guidance and support beyond graduate school. This Master Supervision Class attempts to fill this gap by giving participants the opportunity to explore deeper facets of the model’s functional application in clinical practice.

MS-128 | Challenges in Medical Art Therapy | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Irene Rosner David, PhD, ATR-BC, LCAT, HLM and Tracy Councill, MA, ATR-BC
This session will provide a forum for discussion about the particular issues confronting the medical art therapist. Supervision leaders will elicit experiences about cultivating professional identity within the medical milieu, the relentless demands of providing care for ill children and adults, while fortifying compassion satisfaction vs. fatigue.

GE-353 | Placemaking: Making Place for Culture Change in Eldercare | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Deborah DelSignore
Critical placemaking and feminist gerontology are used to explore a community-based art therapy practice in an eldercare setting. Aligning with the tenets of the culture change movement in eldercare, social-justice minded art therapists have an opportunity to address the larger social issues of aging through their practices.

PS-205 | Trust the Process: Practical Approaches to Art Therapy with Adults in Shelter | Basic | ATCB, NBCC, NY LCAT

Kathryn Harmon
Developing an open studio approach to art therapy in homeless shelters. Special focus on divergences and similarities in men’s and women’s facilities.
Focused on practical, purposeful, therapeutic practices that strengthen self-worth and encourage resilience. Theoretical frameworks and applied techniques related to working in diverse, transient, unpredictable environments.

**MC-144 | Decolonizing The Influence Of The Colonial Mindset: Indigenous Practice Within Changing Cultures | Intermediate to Advanced | ATCB, NY LCAT**

Kai-Ying Huang

This presentation presents a study in which the author collaborated with seven Taiwanese sojourner art therapists who trained in the U.S. and U.K. to identify key cultural adaptations. The discrepancies between Taiwanese sojourner art therapy training and actual art therapy practice in traditional Taiwan/ethnic Chinese social context will be discussed.

**AC-161 | To Walk Alongside: Acompañamiento as an Anti-Oppressive Practice of Deep Hospitality | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

Lynn Kapitan and Steven Frazier, DAT, ATR, LCPC

The solidarity practice of Acompañamiento (accompaniment) invites “walking alongside” one another in a co-created dialogic relationship of deep hospitality, listening, and witness to counteract effects of structural violence and oppression. Two art therapists elucidate principles of accompaniment from their work in Latin America during severe political turmoil and collective trauma.

**CA-201 | Using Mandalas As Regular Art Therapy Practice With Military Dependents | Basic | ATCB, NBCC, NY LCAT**

Casey Frederick, MA, Christlyn McCaskill, MA and Lacy Mucklow, MA, ATR-BC, LPAT, LCPAT, ATCS

Teen military dependents face myriad mental health challenges. Mandalas offer structure, consistency, and openness of expression to explore and to resolve their issues. Two case studies describe the use of mandalas as a partial of regular treatment.

**TE-31 | Mindful Based Art Therapy as a “Gateway” Intervention for College Students | Intermediate to Advanced | ATCB, NY LCAT**

Megan Beere and Theresa Van Lith, MA, PhD

Art therapists set out to determine MBAT’s role in addressing the mental health crisis on college campuses. Learn how they teased apart the nuanced benefits of technology-assisted MBAT as compared to the intrinsic therapeutic properties of clay through salivary cortisol analysis in addition to anxiety and perceived stress measures.

**11:00 to 11:50 am PAPER SESSIONS**

**SC-268 | Visibility and Vulnerability in Community Work with Young People | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

Liz DelliCarpini, MAAT, ATR-BC, ATCS, LCAT and Melissa Raman Molitor, MA, ATR-BC, LCPC

Addressing social oppression in community work requires all participants to be visible and vulnerable. An empathy-based art program with elementary school children in the Chicago area and a mural project with young people involved in New York City’s justice system provide examples of navigating these complex relational dynamics in practice.

**RE-62 | Investigating the Efficacy of Art Therapy in a Forensic Mental Health Facility | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

Barbara Collins, MA, RP, RCAT, CTS and Olena Darewych

This paper presents the findings of a single-subject experimental design study that examined whether art psychotherapy, as a clinical treatment in a forensic youth mental health facility in Canada, could increase youths’ level of hope, resiliency, and future orientation.

**MS-343 | Working with Homeless Women Using a Trauma-Informed, Studio, and Afrocentric Approach | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

Rochelle Peterson and Shan Ru Lin

This presentation will demonstrate the use of art therapy with the homeless women of Chicago, using craft and fiber art, through a trauma-informed and Afrocentric approach. Presenters will demonstrate the history of how this work evolved to challenge traditional assumptions about expressive art therapy and the need for social justice.

**TA-32 | Use of the Bridge with Path Assessment with Military Personnel | Intermediate to Advanced | ATCB, NY LCAT**

Gioia Chilton, PhD, ATR-BC, LCPAT, CSAC

Discover how the Bridge with Path Assessment is used by Creative Forces art therapists to assess future orientation in active duty service members coping with mTBI & PTS. Meaning in life is revealed as symbolic imagery serves to represent the self and the transition to retirement.
Trauma-focused IFS therapy and art therapy each provide a unique process to work with the internal realm of the traumatized client. Their respective theories and techniques are consistent with the neurological underpinnings research is finding facilitates the processing of trauma. Used in tandem, they can facilitate profound and effective healing.

MS-347 | Digital Art Therapy Reframes Feelings With Youth-In-Crisis In The Pediatric Emergency Department | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Kendra Carlson, MAAT, ATR-BC
This paper will discuss how engagement in digital art therapy may reframe the affect states of behavioral health patients in the pediatric emergency department and address emotional regulation, increased communication and treatment readiness goals. Pilot study case examples will present the validated assessment tool, pediatric self-expressions and associated mood outcomes.

11:30 to 1:30 pm: LUNCH ON YOUR OWN
Visit one of the city’s Food Trucks outside the Hyatt, stay in and enjoy lunch at the Hyatt’s restaurant, or visit one of the affordable restaurants near the Hyatt (list and map).

12:00 to 1:15 pm International Shared Interest Group (Not eligible for continuing education)
This meeting is for those living and working in other countries, international students in the U.S., or anyone interested in international art therapy. Come network with art therapists from various regions of the world where you can discover the momentum of art therapy and where you can inform others of your interests and skills.
Contact bani.malhotra13@gmail.com for more information.

12:00 to 1:00 pm POP-UP LEARNING (Not eligible for continuing education)

12:00 to 1:00 pm POSTER SESSIONS (Not eligible for Continuing Education)

An Ontological Autobiographical Study of Art Therapy Major Undergrad Student at Hospice Care
Jee Eun Kim, PhD, ATR-BC, LCAT and SeoYoun Song
The purpose of this study is to classify the psychological changes of terminal cancer patient during the art therapy process in hospice care by five stages of grief by Kubler-Ross. Also explore the meaning and essence of experience of art therapy major undergraduate student who participated in the clinical process.

Empowering a Female Trauma Survivor: Postmodern Feminist Approach to Doll Making
Ellen Smithey, MA
The presentation provides a socially relevant, apprized argument for the increased feelings of empowerment, demonstrated through decision making and skills building, and implemented in the process of sewing and doll making. Additionally, it explores the benefits of discussion of diverged social issues, and the utilization of sewing to promote mindfulness.

Phototherapy as a Therapeutic Tool: Ethical Standards of Using Photographs in Treatment
Abigail Hess
Through documentation, each photograph is developed through perceived experience in the clinical setting (Berman, 1993). This poster focuses on the ethical principles of using photographs in a therapeutic setting while also looking at the benefits of phototherapy as a therapeutic tool.

Museums as Transformative Spaces
Ariel Swoboda
This research explores the use of museums as a transformative space. Through the use of interviews and arts-based analysis, findings will review potential therapeutic benefits of such collaborations playing a role in building community, increasing psychological well-being, and providing greater access to mental health services for historically marginalized populations.

Self-Identity through symbolism: Using the “I AM” Art Prompt
Lisa Sipes
The purpose of this research was to explore symbolism and identity through art making. It was also to help art therapists better understand commonalities and themes regarding the way people depict their identity and development through symbols. Participants were students, faculty, and staff at a college.

The Art of Deciphering Awareness: Counter-transference Versus Parataxic Distortion
Victoria Ann Kasaczun
Past experiences and biases may interfere with professional practice and relationships intended to
be therapeutic. Countertransference and parataxic distortion are terms that help define experiences in therapy that may inform or sabotage the relationship. This poster presentation explores these concepts through a review of literature, personal experiences, and art-based research.

Measuring Acculturation and Resilience in Unaccompanied Immigrant Minors: 8 Week Program Evaluation
Jayashree George and Anna K Moore
A mixed methods program evaluation to better understand and identify how creative psychoeducational programming centered around resilience and acculturation helps unaccompanied immigrant minors feel more competent and aware of access to resources. This evaluation primarily focuses on learning outcomes, treatment outcomes, and program satisfaction.

The Art of Birth: An Exploration of New Mothers’ Experience Through Art
Hannah Kinsell
Have you ever experienced or witnessed childbirth? Do you know of the pain and struggles that go on in a mother’s head during the most exciting, yet physically and mentally challenging moment of her life? Sometimes words are just not enough to tell the story of these memorable experiences.

Grief Art Therapy for a Woman Who Experienced Physical Loss from Cancer
Mina Ahn and Sojung Park, PhD, ATR-BC, LCAT
A qualitative case study of the grief art therapy is presented for a participant who experienced physical loss due to the cervical and breast cancer. The art therapy program applied the Kubler-Ross model and Worden’s 4 tasks of grief, which results showed the significance of art therapy in grieving process.

Art Therapy and Autism Spectrum Disorder: A Study of Changes in Empathy
Jill Woodruff
The purpose of the study is to clarify how the addition of creative arts therapy techniques and interventions as part of an eclectic, client-centered treatment model, could enable those with ASD to form genuine social connections with others through the improvement of their abilities to identify and use empathy.

Finding Representation as a Queer Artist: An Arts-Informed Inquiry
Lyrah Wallace
Within the personal heuristic process, I immersed myself in LGBTQ+ art and culture, and created response art from my emotional and cognitive experiences. In addition to documenting my own experiences, I provided a survey for my community to engage with LGBTQ+ artists and their work.

Working with Clients with Substance Abuse: Art Prevails
Charlene Natterman, BA
This poster presents the challenges of incarcerated adolescents and how art therapy may be utilized as an effective treatment to reduce recidivism of drug use and criminal behaviors while promoting successful reintegration into society.

Art Therapy With Offenders: A Special Focus On Male Sex Offender Treatment
Courtney Jean Brensinger
This poster presents the challenges of incarcerated adolescents and how art therapy may be utilized as an effective treatment to reduce recidivism of drug use and criminal behaviors while promoting successful reintegration into society.

Qualitative Study Of The Therapeutic Effects Of Participating In Activism Art Projects
Laura Reaney, MFT, Art Therapy Student
This research study examines the effects of making art to contribute to a large-scale social action art project. Participants are direct and indirect victims of gun violence and the art project is The Soul Box Project, which will be displayed on the national mall in Washington DC in October 2020.

Exploring the Narrative in the Gallery with Clients with Autism
Ashley Hartman, Juliette Meyers, MA, Paige Owings, Sabrina Sacco, MA and Taylor Guttensman
This poster will provide an overview of responses and artwork from young adults with Autism who participated in four art therapy groups. It will display the art from the client art exhibitions and it will present the 15 week protocol that was used in the groups.

12:00 to 1:00 pm UNDERGRADUATE POSTER SESSIONS (Not eligible for Continuing Education)

Community Weaving
Elizabeth Allen, BA
This poster is based on a community fiber arts project at a rehabilitation outpatient hospital. Materials are adapted for different physical ability levels. Hypothesis: a community weaving project will
familiarize patients with a new therapeutic process, bring them closer as a group, and will help patients with individual therapy goals.

Is Art Therapy a Viable Treatment for Sex Offenders

Jamie Cannon

Sexual violence, although present in society for decades, has recently become a more notable issue. There has been significant focus on the victims of these crimes; however, there has been a lack of focus on understanding why people commit these crimes and how we can treat them. This poster will share a literature review on sexual offenders and art therapy.

Juvenile Detention Undergrad Poster

Jacey Ludlam

Juvenile detention centers are meant to serve as places of behavior reform and rehabilitation for troubled youths. Adjudicated youth are an increasingly at risk population, with percentages for abuse, mental illness, and drug abuse affecting over half the female population alone. This literature review will assess the value of art therapy as a tool for behavior modification in this population.

A Heuristic Study of Women's Empowerment Through Jewelry Making

Catherine Casey

Jewelry has been used meta-culturally as a physical symbol to embody the wearer’s values and implicit meaning. This study sought to better understand how jewelry can be empowering to women. Through a multi-method approach, this study utilized a heuristic creative inquiry that was informed by a literature review of cultural adornment among the nomadic Taureg people.

Preliminary Study of Art Therapy Syllabus for Elderly People in Taiwan

Tsao Chi-Lin Fu, MA, PhD Student and Ming-Shu Cheng

Taiwan is facing the problem of a rapidly aging society. One way to confront this challenge is through art! Painting helps elderly people express themselves non-verbally and enhances creativity. Through their art we can better understand many cognitive impairments. This method is economic and practical. This poster will present methods used.

1:00 to 2:30 pm PANEL SESSIONS

ET-181 | Continuing Exploring Ways of Holding a Safe, Ethical Space for Difficult Issues | Intermediate to Advanced | ATCB

Judy Rubin, PhD, ATR-BC, HLM, Cheryl Doby-

Copeland, PhD, ATR-BC, LPC, LMFT, Cory Olson, MA, ATR-P, Linda Gantt and Paula Howie, MA, ATR-BC, LPC, LCPAT, HLM

The history of AATA has been punctuated by a variety of controversies and passionate debates. Panelists from several different generations will reflect on how these issues were dealt with. They will give space to the audience to explore ethical processes to deal with disputes in the future.

MC-156 | A Multi Perspective Discussion on Global Art Therapy | Basic | ATCB, NY LCAT

Monica Ventura, Caroline Alexis Decosimo, Drph, MA, LCMHC, ATR, Heidi Bardot and Sangeeta Prasad, MA, ATR-BC

Art therapy is becoming a popular approach in the global health world in humanitarian and low resource community responses. A panel of four art therapists working in a diversity of settings within global art therapy will discuss their rich experiences, lessons learned, and various approaches to training, research, and development.

TR-138 | Art Therapy with Sex Trafficking Survivors: Using a Trauma-Informed Approach | Intermediate to Advanced | ATCB, NBC, NY LCAT

Mary Kathryn Kometiani, Sharon Doering, PhD, ATR-BC, LPAT-S, EMDRt, and Chris Drosdick

Human trafficking is a disturbing crime resulting in unspeakable tragedy. This presentation will discuss the benefits of art therapy with sex trafficking survivors. Current research and best practice recommendations will be provided. Participants will learn how to identify survivors, access resources, and apply theories of recovery for this burgeoning population.

1:00 pm to 2:30 am WORKSHOPS (Separate registration and tickets required)

PP-47 | Mandalas for Clinician Self-Care: Using the Sacred Circle as Our Guide | Intermediate to Advanced | ATCB, NY LCAT

Amy Buccarelli, MS, ATR-BC, LMHC and Sheila Lorenzo De La Pena, PhD, ATR-BC, ATCS

This workshop will explore mandalas for professional invigoration and personal self-care. Reflective mandala practices chronicle personal growth in order to generate wholeness. Participants will learn time-tested techniques for integration into regular wellness practices. The workshop will reconnect clinicians and educators with a personal artistic practice to revitalize professional work.
Participants may share their stories, ask questions, and memory honoring. Participants will create resin objects to take home. Materials will be supplied, but participants are most welcome to bring small objects to include in their pieces.

GM-76 | Resin Techniques in Art Therapy: Creating Objects, Preserving Memories, Holding Meaning | Basic | ATCB, NBCC, NY LCAT
Gaelynn Wolf Bordonaro, PhD, ATR-BC and Lauren Tunnell
Workshop participants are invited to explore resin as non-traditional media in art therapy. Presenters will introduce directives which invite meaning-making and memory honoring. Participants will create resin objects to take home. Materials will be supplied, but participants are most welcome to bring small objects to include in their pieces.

ET-166 | Writing Effective, Ethical Case Studies for Publication and Impact: Writing Workshop | Intermediate to Advanced | ATCB
Emily Nolan, Jordan Potash, PhD, ATR-BC, LPCAT and Theresa Van Lith, MA, PhD
This course offers a hands-on writing workshop with art making, instruction, ethics, and consultation with editors and authors to support participants who seek to publish their clinical knowledge as case studies. Participants will develop a case from which to glean practice wisdom and to craft into ethical and effective publication.

1:30 to 2:20 pm FOCUS GROUP (Not eligible for continuing education)
MC-48 | LGBTQ+ Focus Group: Practicing as a LGBTQ+ Identifying Art Therapist | Basic
Jessica Stallings, DAT, ATR-BC, LMHP, LMHC, LPC and Lyrah Wallace
The LGBTQ+ Focus group provides a safe space for LGBTQ+ identifying students and practitioners. The focus group presents an opportunity for attendees to discuss their experiences as minority members within the profession of art therapy and exchange views on the unique hardships LGBTQ+ identifying practitioners face within the therapeutic relationship.

1:30 to 2:20 pm MASTER SUPERVISION SESSIONS (Limited to 25 participants and not intended for students)
PP-94 | Master Supervision: Session for New or Re-establishing Professionals | Basic | ATCB, NY LCAT
Craig Balfany
New and re-establishing professionals face a continuum of experiences as they navigate post-degree employment, credentialing, licensure, and establishing their professional identity. This session will provide grounding and encouragement. Participants may share their stories, ask questions, and memory honoring. Participants will create resin objects to take home. Materials will be supplied, but participants are most welcome to bring small objects to include in their pieces.

SS-274 | Master Supervision Group: School-Based Art Therapy | Intermediate to Advanced | ATCB, NY LCAT
Marygrace Berberian
Participants will discuss the challenges and strengths of working of school-based art therapy settings. This session will address the needs of the participants, explore challenges, and provide the venue in which to share strategies to promote successful implementation. Participants will be invited to present, discuss and analyze case material.

1:30 to 2:20 pm PAPER SESSIONS
PP-197 | Political Talk: Art Therapists’ Opinions About Political Discussion within Sessions | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Elizabeth Smith
In therapy, are there off-limit discussion topics? This session will lead attendees through a research paper which surveyed therapists’ opinions about the inclusion or exclusion of political discussions within therapeutic sessions. This session will open to attendees to continue the dialogue regarding the risks and benefits of political discussion.

SC-104 | Printmaking in an Open Art Therapy Studio with Oncology Patients | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Patricia Cavanaugh, MA, ATR-P, LMHCA
This session will feature research on printmaking in an open art therapy studio with adult oncology patients. Printmaking methods, techniques, and properties will be discussed in this context. The findings will include the experiences and artwork of patients who engaged in printmaking within the community of an open studio.

GE-130 | The Use of the Face Stimulus Assessment with an Early-Stage Dementia Diagnosis | Basic | ATCB, NBCC, NY LCAT
Ashleigh Mower
The presentation will cover a master’s level research study conducted at a hospital system in a large Midwestern city on the use of the Face Stimulus Assessment (FSA) with older adults diagnosed with early-stage dementia.

ES-169 | Community, Collaboration, And Innovation In An Art Therapy Training Clinic | Intermediate to Advanced | ATCB, NY LCAT
Elizabeth Montella-Mott, MS, ATR-BC, LCAT
This presentation addresses the development of an art therapy training clinic that provides service to the community. Areas of focus will be: consideration for current and future clinical training, potential areas of caution and consideration, and significant outcomes of the clinics activities and their benefits to the students and community.

CA-331 | Child-Centered Art Therapy in a Family Systems Model (AT/FS) | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Michael Fogel, MA, ATR-BC, LPC
Imagine a powerful holding environment for outpatient individual therapy. Engage resistant children and involve caregivers! Learn how every session injects COGNITIVE coping skill development for child AND CAREGIVER, along with deep AFFECT-BASED art psychotherapy. Discover the three-session child/family assessment protocol and parent-training promoting supportive home structure and coping skills generalization.

MS-211 | Challenges and Adaptations When Working with Pediatric Burn Patients | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Kaley Wajcman
A therapist’s role when functioning on a treatment team supporting a burn patient may require advocacy on the part of the clinician, as well as adapting therapeutic interventions. Understanding the psychosocial and developmental needs of pediatric burn patients requires a trauma-informed approach to improve upon Art Therapy interventions.

2:30 to 3:20 pm FOCUS GROUP (Not eligible for continuing education)
SC-101 | Art Shared Interested Group Focus Group | Basic
Barbara Fish, Julie Ludwick and Vickie Morgan
This focus group is an informal discussion inviting art therapists and students to discuss the Art Shared Interest Group goals, raise consciousness about the process of art in art therapy, explore ideas about the direction of Art Shared Interest Group efforts, and share support.

2:30 to 3:20 pm PAPER SESSIONS
PP-263 | Creativity in Private Practice: Building a Solid Foundation in Marketing and Accountability | Intermediate to Advanced | ATCB, NY LCAT
Emery Mikel, MA, ATR-BC, LCAT
Learn how to set up a solid base from which to tackle both marketing and self-driven accountability in private practice. Ways to market, set up a flexible schedule, and how to use both creativity and curiosity will be explored and illuminated through stories from over a decade of self-employment adventures.

Gioia Chilton, PhD, ATR-BC, LCPAT, CSAC and Jessica Herman, MA, ATR-BC
The stress of military deployments on US armed forces also impact their families. Learn how an NEA Creative Forces art therapist uses the Animal Strengths and Family Environment art therapy directive to discover individual identities and strengths while also exploring roles, safety, and needs within military families.

SS-360 | Get Your Art Game On! Student-Athletes and the El Duende Painting Process | Basic | ATCB, NBCC, NY LCAT
Barbara Parker-Bell and Emi Illig, MS
 Collegiate student-athletes face many unique pressures on and off the playing field. This research-based presentation describes how positive psychology oriented El duende painting process was designed to support positive coping in club sport student-athletes. Results, limitations, and future areas of art therapy and sport psychology research will be discussed.

TE-30 | Robots In The Art Studio: A Transdisciplinary Research Collaboration | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Anastasia Ostrowski and Erin Partridge, PhD, ATR-BC
New technologies are part of our clients’ daily lives and many therapists are exploring ways to incorporate new media into therapy. This presentation will cover a multi-year collaboration between researchers in social robotics and art therapy, focusing on the use of art-based research and client art about technology.

ET-140 | Separation of Church and State: Third-Party Payers and Ethical Concerns | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Michelle Dean
While assistance with health care costs is often necessary from a third-party payer, understanding the costs–both overt and covert–is crucial, as they may impact not only the therapeutic dialog but also one’s personal integrity and beliefs. This paper
explores such a case and associated ethical dilemmas.

**TR-272 | Separation And Reconnection: Art Therapy With Adolescent Trafficking Survivors And Their Families | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

Rachel Feldwisch, PhD, MAAT, LMHC, ATR-BC
Presenter will review characteristics, contextual factors, and treatment recommendations for therapists working with adolescent survivors of commercial sex trafficking and their family members.

2:45 to 4:15 pm **PANEL SESSIONS**


Sarah Kremer, Lauren Leone, Catherine Moon, Deborah DelSignore, and Katharine Houpt
Historically, whiteness has been maintained as an invisible, unexamined presence within art therapy. This presentation examines the ways that white art therapists have been complicit in maintaining white privilege and dominance. We invite fellow white art therapists to join us in committing to collective consciousness raising and greater accountability.

**SC-238 | Beyond Aesthetics: Art Therapy in the Museum Setting | Intermediate to Advanced | ATCB NY LCAT**

Chelsea Leeds, Eileen Misluk-Gervase, MPS, LPC, ATR-BC, LMHC, CEDCAT, Raquel Farrell-Kirk
This panel will compare and contrast different models of art therapy programming facilitated by the presenters in museum settings. We will explore the role of art therapists in museums, the impact of the programming, and how this impact can be captured and used to support new projects and continued funding.

2:45 to 4:15 pm **WORKSHOPS (Separate registration and ticket required)**

**TR-294 | Creatively Healing Trauma in Communities of Color | Basic | ATCB, NBCC, NY LCAT**

Lindsey Vance, MA, ATR-BC
This experiential workshop will examine community-based collective group approaches for trauma recovery in youth and adults of color. Through presentation and hands-on art making, movement, and mindfulness, participants will learn creative approaches to work directly in communities experiencing and impacted by trauma.

**AS-324 | Open Art Studio Practices using Fused Glass at Clean & Sober Streets | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

Ruth Stenstrom, MA, ATR-BC and Nisha Tracy, MA, LPC, ATR
Open Art fused glass jewelry groups at Clean & Sober Streets recovery program help with resistance to treatment, isolation, social/communication skills, stress, frustration and self-esteem. Learn the essentials for setting up a therapeutic fused glass program and hands-on methods for creating fused glass pendants and earrings.

**PP-335 | Clay and the Person: Using our Hands for Personal Growth | Intermediate to Advanced | ATCB, NY LCAT**

Cheryl Feldman
Touch is our first sense to develop, clay is from the earth. Both can access parts of the self that ground a person. This workshop will contain an overview of clay use in a variety of culture, a discussion of clay as a medium, and conclude with personal art making.

**GM-76 | Resin Techniques in Art Therapy: Creating Objects, Preserving Memories, Holding Meaning | Basic | ATCB, NBCC, NY LCAT**

Gaelynn Wolf Bordonaro, PhD, ATR-BC and Lauren Tunnell
Workshop participants are invited to explore resin as non-traditional media in art therapy. Presenters will introduce directives which invite meaning-making and memory honoring. Participants will create resin objects to take home. Materials will be supplied, but participants are most welcome to bring small objects to include in their pieces.

3:30 to 4:20 pm **FOCUS GROUP (Not eligible for continuing education)**

**PP-165 | Art Therapist and Author: Brainstorming Session on Publishing Your Work | Intermediate to Advanced**

Emily Nolan, Holly Feen-Calligan and Jordan Potash, PhD, ATR-BC, LCPAT
This focus group by the editorial members of Art Therapy: Journal of the American Art Therapy Association will entertain questions about the publication process, alleviate misconceptions, and offer advice to authors. Participants are encouraged to identify knowledge from their practices to make notable contributions to the art therapy literature.
Explore the interrelationship between somatic responses and the construction of cultural narratives. Witness the capacity of imagery and mindfulness to put a crucial pause between narrowness and widespread reactivity. Discover how the limbic system engages, and observe art’s ability to mitigate this feedback loop, as we shape an intersectional consciousness.

**PP-215 | Can You Teach Me to Knit? Considerations for Developing Fiber Arts Groups** | Basic | ATCB, NY LCAT
Bethany Altschwager, MPS, ATT-BC, LCAT
Fiber arts have been around for centuries and remain popular in the modern era, yet many training programs do not provide instruction about them. This presentation explores differences in goals, potential risks and benefits, directives, ethical concerns, and logistical considerations when developing fiber arts groups for clients, students, and professional peers.

**ES-292 | Structural Dimensions of Art Therapy Education** | Intermediate to Advanced | ATCB, NY LCAT
Heather Leigh
This session will present four structural dimensions of pedagogy “surface, deep, implicit, and shadow” and apply them to art therapy education. Participants will learn how these often-unarticulated components of pedagogy reveal the foundational assumptions and beliefs that undergird the more visible aspects of art therapy training.

**AC-330 | Transitioning Into Visibility: Transgender Individuals Advocating for Social Change Using Art** | Intermediate to Advanced | ATCB, NY LCAT
Zoe Armstrong
A retrospective study that examines the long term, social impacts of a public art exhibition in Yukon Territory, Canada. Transgender, gender non-conforming, and Two Spirit individuals shared the art they created in group art therapy for the expressed purpose of advocating for social change, public education and knowledge sharing.

**MC-64 | A Web over the Map: Intersecting Mindfulness, Somatization, and Cultural Narratives** | Basic | ATCB, NY LCAT
Laura Zeisler, MAAT, ATR-BC, LISW-CP
In the past, this focus group has seen a trend of recurrent themes surrounding male membership in the field and the need for efforts to promote community outreach. This annual conference event
provides an opportunity for male art therapists to come together in camaraderie and share professional stories.

**4:30 to 5:20 pm PAPER SESSIONS**

**MC-234 | Existential-based Geriatric Group Art Therapy in Long-Term Care Facility: A Multicultural Perspective | Intermediate to Advanced | ATCB, NBCC, NY LCAT**  
Ming-Fu Wu, PhD, ATR-BC, LCAT, TRAT  
This outcome study describes a 12-week existential art therapy group in a long-term care facility for elders in Taiwan. The study explores multiculturalism in Taiwan, the plight of elders in long-term care institutions, and how the therapist flexibly used the localization approach in this context.

**TR-139 | PAINT: Parent-Child Art Intervention for Navigating Trauma | Intermediate to Advanced | ATCB, NY LCAT**  
Francine Ostrem, Ph.D., LMFT, LPCC Expressive Arts Therapy Specialization  
This discussion of a toddler with a life-threatening disease illustrates how to fortify the parent-child bond in the context of acute and chronic stress through art-based intervention.

**RE-68 | Expanding Artistic Literacy in Art Therapy Education: Assessing Artwork and Art-based Research | Intermediate to Advanced | ATCB, NY LCAT**  
Michael A. Franklin, PhD, ATR-BC  
This presentation addresses the quandary art therapy educators and practitioner-researchers face when evaluating artwork. A multidimensional rubric created by the presenter is described in detail for use when grading art and tracking the process-product outcomes of art-based research.

**TE-276 | DICATS - Immersive and Media-Based Interactive Symposium | Intermediate to Advanced | ATCB, NY LCAT**  
Arun Ramakrishnan, PhD, Nancy Choe, MFA, MA, LMFT, ATR and Natalie Carlton  
Current and future DICATS activities is to continue gathering an invested community that will compare the applications of digital media use in art therapy and education across disciplines to both quantify and qualify digital media properties and emergent edges.

**RE-223 | An Exploration of Ugandan Children’s Drawings: Cross-Cultural Comparison of Lowenfeld’s Artistic Development | Basic | ATCB, NBCC, NY LCAT**  
Donna Tuman, Seungyeon Lee, EdD, LCAT, ATR-BC and Valeda Dent  
This presentation will address cultural and graphic differences in Ugandan children’s drawing development diverging from Lowenfeld’s model. The research project’s implications for therapists will be discussed in terms of therapists’ cross-cultural competencies and client empowerment through the practice of honoring difference and diversity.

**5:00 TO 7:00 pm: ARTS AND CRAFTS MARKETPLACE**  
AATA Members, back by popular demand, this is your opportunity to reserve a table and sell your hand-made creations such as art, jewelry, clothing and more! Reserve your table today!

**Evening: NIGHT ON THE TOWN EVENT**  
Stay tuned for the announcement of our Night on the Town Event.

**SATURDAY, OCTOBER 31**

**7:00 am to 5:00 pm Conference Registration Open**

**7:30 am to 6:00 pm LACTATION ROOM**  
A room near the conference meeting rooms will be available for those who are nursing or pumping. The room will have plug points and a mini-fridge and microwave. Please let us know if you plan to use the room so we can make sure your needs are met!

**8:00 to 9:45 am SATURDAY PLENARY**  
AC-365 | Advancing Mental Health and the Arts: 2020 Elections and Beyond | Intermediate to Advanced | ATCB, NY LCAT  
Laurel Stine, Director, Congressional Affairs, American Psychological Association, Brian Banks, Director, Public Policy and Intergovernmental Affairs, American Counseling Association, Nina Ozlu Tunceli, Chief Counsel of Government and Public Affairs & Executive Director, Americans for the Arts Action Fund, and moderator Dr. Margaret Carlock Russo, EdD, LCAT, ATR-BC, ATCS, President, AATA

National government affairs experts will provide an overview of how mental health and arts policies have evolved over the last 20 years and share their perspectives on advancing these issues in the federal, state, and local 2020 elections. Panelists will also discuss advocating for mental health and the arts, including securing funding, during uncertain economic times.
9:45 am to 5:00 pm EXHIBITS/BOOKSTORE AND ART STUDIO OPEN

10:00 to 11:30 am PANEL SESSIONS
RE-227 | Technological Advances in Art Therapy Research and Practice | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Juliet King, Melissa Walker, Janice Rose Gill, and Chandler Rhodes
Art making and interpersonal interactions in art therapy are ideally suited for study using imaging technologies. The use of advanced EEG systems to understand regional and network level brain communication associated with artistic self-expression is in the exploratory stage of research, although this area of inquiry is bold and inviting.

SC-188 | Creative Military Community Healing: A Holistic Arts Approach | Intermediate to Advanced | ATCB, NY LCAT
Yonsenia White, MS, LPC, ATR, CMCC
A panel presentation describing an art therapist's four-pronged holistic arts approach (Mental Health, Fitness, Nutrition and Spiritual Balance) using arts therapies practices in a community arts center setting dedicated to improving overall quality of life, rehabilitation, resiliencies and support systems for military families in the Capital Region.

CA-226 | Strengths-Based Art Therapy Practice for At-Promise Children and Adolescents | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Christina Grosso, Marygrace Berberian, Ashley Wood, MA, ATR-BC, CIMI, Rawan Bajsair, and Eileen McGann, MA, ATR-BC, LCPC
Presenters use the framework of “at-promise” rather than “at-risk” to dispel the assumptions of pathology for young people managing systems that are inherently detrimental and oppressive. By acknowledging the various stressors they endure, presenters offer art therapy as a well-suited modality for individuals and groups in diverse settings.

10:00 to 11:30 am WORKSHOPS (Separate registration and ticket required)

ES-312 | Help! I'm Drowning: Program Directors Navigating Administration, Accreditation, Assessment, Faculty, and Students | Intermediate to Advanced | ATCB NY LCAT
Program directors will explore their challenges, examine their personal and professional responses to those challenges, and assess what may or may not be working. Through discussion and art making, participants will explore plans for staying afloat that include networking, building support systems, and creative problem solving for strategic solutions.

SC-348 | A Social Practice Model Promoting Social-Emotional Development and Sociocultural Awareness in Youth | Basic | ATCB, NBCC, NY LCAT
Melissa Raman Molitor, MA, ATR-BC, LCPC and Angela Lyonsmith, MAAT, LCPC
This workshop introduces a social practice model for working with young people to promote social-emotional development, sociocultural awareness and collective social action. Participants will have the opportunity to explore the ideas presented during the session through art making and discussion, and identify avenues for social justice work in their community.

MC-332 | The Moving Meditation: Introduction and Application of Chinese Calligraphy in Art Therapy | Basic | ATCB, NBCC, NY LCAT
Shyueying Chiang and Wen-Fang Tsai
This workshop will present an overview of Chinese calligraphy, including methods and tools. Therapeutic effects and applications on different client populations will be discussed. This workshop will provide an immersive experience for participants, practicing Chinese calligraphy, discussing how to incorporate it into mindfulness-informed practice for personal and clinical use.

ET-317 | Language Is Power: Ethical Practice of Bias-Free Language to Counteract Oppression | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Lynn Kapitan and Alex Kapitan
Because language is power, how we use language to name, describe, represent, and “construct” others is a pressing concern in counteracting oppression. This workshop offers practice in examining language within relational ethics. Attendees will explore bias in language on race/ethnicity, gender, and disability, and construct bias-free alternatives that serve liberation.

10:00 to 10:50 am FOCUS GROUP (Not eligible for Continuing Education)
PP-260 | Mental Health, Motherhood and the Clinician Identity: Supporting Each Other | Basic
Eric Reiche, BFA, and Sheila Lorenzo De La Pena PhD, ATR-BC, ATCS
Focus group will explore topics on the intersectionality of motherhood and clinician identity. We will share resources on the topics of
interest as well as roadblocks encountered. We will also address the removal of obstacles and necessary accommodations for moms to remain contributing members of the field. Art supplies welcome.

**10:00 to 10:50 am MASTER SUPERVISION SESSIONS (Limited to 25 participants and not intended for students)**

TR-269 | Master Supervision: Working With Trauma | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Linda Gantt and Paula Howie, MA, ATR-BC, LPC, LCPAT, HLM

This master supervision will provide an in-depth overview of the theoretical and historical bases in art therapy for those suffering from the aftermath of trauma. Attendees will be given cutting edge information about effective treatments, inter-generational aspects of trauma, and resources in order to work with individuals and families.

**GE-355 | Aging and Evolving: Art Therapy with Older Adults | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

Erin Partridge, PhD, ATR-BC

Greater numbers of clinicians will encounter and work with older adults as the world population shifts. Older adults have specific needs for art making and art therapy. This master supervision group will invite dialogue about clinical best practices and the therapist’s role in work with older adults.

**10:00 to 10:50 am PAPER SESSIONS**

PP-313 | The Role Of Art History In Art Therapy Today | Basic | ATCB, NY LCAT

Lida Sunderland, MA, ATR-BC, LGPC

This paper examines how integrating social art history frameworks into art therapy practice benefits the participant’s processes of expression and discovery. The paper offers models for intervention, and further argues that art therapy as a field can benefit from a more robust presence of art historical foundations during graduate training.

AC-200 | Socially Conscious Art Therapy with Survivors of Sex Trafficking | Basic | ATCB, NBCC, NY LCAT

Emily Frost, MS, ATR-P, LAAT and Emma McGovern, MS

This paper explores themes of power and community activism through an empowerment based art therapy program for survivors of sex trafficking. The program served to amplify marginalized narratives while facilitators worked to provide socially and culturally conscious services through self-reflective visual journaling.

MC-280 | Art therapy and Diagnostic Assessments for Asylum Seekers: A call to Action | Intermediate to Advanced | ATCB, NY LCAT

Joann Lundberg

The immigration crisis has reached an unprecedented level. Art therapists can help migrants by giving a voice to children whose perspective is lost through traditional assessment. After completing 60 psychological reports for asylum seekers I provide an overview of legal visas, integrating art into evaluations, cultural considerations and resources.

**11:00 to 11:50 am FOCUS GROUPS (Not eligible for continuing education)**

PP-81 | Transforming Passion for Working with Communities into a Sustainable Professional Practice | Intermediate to Advanced Iman Khatib and Luisa Marino

Professionals struggle with transforming their passion for community work into professional practice. The process of developing a community-based art therapy organization entails ethical considerations for independent practice, targeted outreach campaigns, building relationships between practitioners and communities, and feasible planning strategies.

**ES-266 | Undergraduate Art Therapy Educators Focus Group | Intermediate to Advanced**

Jennifer Schwartz

This Focus Group continues the 2015 initiative to provide a forum for discussion on undergraduate art therapy education as an important contributor to the field of art therapy. This session also presents the AATA Undergraduate Education Subcommittee report on best practices for undergraduate education.
This paper describes a phenomenological inquiry into the artists of the Holocaust, based on the narrative account of five Holocaust survivors. Phenomenological analysis was used to reveal a psychological structure of these artists’ experience which includes themes of identity, autonomy, comfort, hope, affirmation of existence, and witnessing.

**11:00 to 1:30 pm: LUNCH ON YOUR OWN**

Enjoy lunch at the Hyatt’s restaurant, or visit one of the affordable restaurants near the Hyatt (list and map).

**12:00 to 1:00 pm SPECIAL ACTIVITY FOR PARENTS AND CHILDREN - Halloween Parade and Trick-or-Treating in the Exhibit Hall.** Parents and children are invited to join a parade in the exhibit hall, and trick-or-treat throughout the space. AATA will have a party bag for each participating child filled with goodies for the season!

**12:00 to 1:00 pm POP-UP LEARNING (Sessions will be posted onsite)**

**1:00 pm to 2:30 pm PANEL SESSIONS**

**AU-183 | Using a Narrative Approach to Art Therapy with Young Adults with Autism | Basic | ATCB, NBCC, NY LCAT**

Ashley Hartman, Taylor Güttesman, Paige Owings Juliette Meyers, and Sabrina Sacco

This presentation will highlight creative interventions that may be used with young adults with Autism. It will outline four art therapy groups that used a narrative approach through clay work, photography, and fiber arts over 15 weeks. Implications for using a culminating co-curated client exhibition in the gallery will be discussed.

**PP-50 | Learning From Failures in Art Therapy Practice: Four Practitioners Share Their Stories | Intermediate to Advanced | ATCB, NY LCAT**

Denise Rochelle Wolf, Gretchen Miller, MA, ATR-BC, ACTP, Sangeeta Prasad, MA, ATR-BC and Susan Anand, MA, ATR-BC, ATCS, LPAT, LMFT

This panel provides an interactive dialogue facilitated by four credentialed professional art therapists, each who have unique experience understanding the value of “failures” in art therapy practice. They will illuminate their use of theoretical underpinnings to make meaning towards improved clinical practice.

**ES-53 | Artist, Therapist, Art Therapist, or Something Else: Navigating Multiple Professional Identities | Intermediate to Advanced | ATCB, NY LCAT**

**11:00 to 11:50 am PAPER SESSIONS**

**SC-27 | Ashes2Art: A First Responder Wellness Initiative Rooted in Art Therapy | Basic | ATCB. NY LCAT**

Kathleen Sullivan, MAAT, REACE, PEAT, CISM and Theresa Ruffo-Swanson

The Ashes2Art Program is a creative arts learning platform to initiate wellness into the lives of first responders. Clinical art therapy training was necessary in the efficacy of this program and facilitated in the goal of offering creative to counterbalance to the destruction of the profession.

**FS-34 | "Not Quite There": Art Therapy Exploring Transitions for Those with Sexual Offenses | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

Bani Malhotra and David Gussak

This paper explores art therapy in a sex offense treatment program, specifically the therapist’s role in holding a space of transition for offenders returning to the community. The potential of art in re-humanizing those who offend is discussed along with clinician’s reflections on the therapeutic relationship in negotiating identities.

**MC-159 | Collective Collage Making in A Multicultural Setting In Singapore | Basic | ATCB, NBCC, NY LCAT**

Xiangting Bernice Lin and Ronald Lay, MA, AThR, ATR-BC

This paper distinguishes between collective and individual collage making in a group art therapy setting. It explores variables in group collage making that can potentially enhance or diminish interpersonal connection and social support. Case examples in a multicultural context from Singapore will be used to illustrate these points.

**TR-256 | Growing Up in War: Approaches to Life and Clinical Work | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

Rindala Day and Heidi Bardot

Two sisters who grew up in war and became an art therapist and counselor, will share the long-term effects of war and its affect on life choices, clinical practice, and approach to healing and trauma. Theories of trauma, resiliency and posttraumatic growth are explored through personal and clinical experience.

**RE-120 | A Phenomenological Inquiry Into the Artists of the Holocaust | Intermediate to Advanced | ATCB, NY LCAT**

Elizabeth Hlavek, DAT, LCPAT, ATR-BC

This paper describes a phenomenological inquiry into the artists of the Holocaust, based on the narrative account of five Holocaust survivors. Phenomenological analysis was used to reveal a psychological structure of these artists’ experience which includes themes of identity, autonomy, comfort, hope, affirmation of existence, and witnessing.
Based Art Therapy Groups with Neurodiverse

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painting itself and your experience while painting

perform, produce or succeed. Focus on the act of

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Give yourself the opportunity to rediscover your

Elissa Arbeitman, MA, ATR

NY LCAT

Process Painting| Intermediate to

SC

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be presented and participants may create art

ordinary state (dreams, meditation). Materials will

Participants are invited to journal about a non

relation to psychedelic

includes an art intervention exploring integration

Information into daily experience. The workshop

Psychedelic Integration involves distilling insights

into non-ordinary experiences and bringing

information into daily experience. The workshop

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relation to psychedelic-assisted psychotherapy.

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Lesley Burke, MA, ATR, LPC, LAT and Alyssa Gursky

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Tr-204 | Art Therapy and the Psychedelic

Renaissance | Intermediate to Advanced | ATCB, NY LCAT

Lesley Burke, MA, ATR, LPC, LAT and Alyssa Gursky

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SS-180 | Art Therapy for Educators: Looking At The

Effects of Art-Making on Burnout | Intermediate to

Advanced | ATCB, NBCC, NY LCAT

Christina Hagemeier, MA, ATR-P, LPC

Teachers have a high burnout rate exasperated by

many factors. Several workshops with teachers

incorporated art therapy protocols to investigate the

benefits of art making on reducing teacher burnout.

This workshop will present the effectiveness of art

making for supporting burnout in teachers and

explore the tools that were used.

TR-204 | Art Therapy and the Psychedelic

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SS-293 | Invitations to Create: Strategies for School-

Based Art Therapy Groups with Neurodiverse

Clients | Intermediate to Advanced | ATCB, NBCC,

NY LCAT

Jennifer Lawrence, MA, ATR-BC, LPC

Participants will learn strategies for providing art

therapy groups in a school setting. Through hands-on

activities we will explore developmentally-

appropriate, evidenced-based “invitations to create”

that support the unique needs of neurodiverse

clients. Participants will also work together to create

a toolbox of strategies for managing the challenges

and for promoting personal well-being.

1:30 to 2:20 pm FOCUS GROUP (Not eligible for

continuing education)

ES-286 | Blending Cultures: Art Therapy and

Counselor Educators in Art Therapy Education

Programs | Intermediate to Advanced

Gail Rule-Hoffman, MEd, LPC-5, ATR-BC, LICDC-5

Art therapy education programs often include

courses taught by faculty from other disciplines, and

usually include counselor educators. This session will

explore the gifts and challenges of bringing together

two professions that have much in common, but that

are also very distinct cultures with differing

approaches to education.

1:30 to 2:20 pm MASTER SUPERVISION SESSIONS

Limited to 25 participants and not intended for

students)

PP-126 | Military Master Supervision | Intermediate

to Advanced | ATCB

Brenda Maltz, MA ATR-BC, RN and Rachel Mims, MS,

ATR-BC, LPC-AT

This session will provide the opportunity for

participants to discuss experiences working with active
duty service members, veterans and their

families within a government system and out in the

community. Art therapy interventions and practical

information will be shared within the group setting.

MC-362 | Rainbows Under Construction:

Empowering and Supporting Multiple Identities

Within Our LGBTQ+ Clients | Intermediate to

Advanced | ATCB, NBCC, NY LCAT

Ori Cruz, MPS, LCAT

Attendees will explore the clinical ramifications of

current political and social messaging on our clients

in the LGBTQ+ community. Attendees will discuss

recognizing power and privilege, empowering clients,

tracking our perceptions of the LGBTQ+ community,

and assessing our intent and art therapy

interventions.

Annette Vaccaro, EdD, LCSW, LPC, SCP, ATR-BC,

ATCS, ACS, Jenna Pattison, Jessica Hauck,

Laura Holland, MA (Summer 2020) Sienna DeCaria,

and Thomson J. Ling

This panel, representing different constituencies, will

provide their perspectives on training dual identity

art therapists. Presentations will discuss the history

of art therapy education, research on navigating

multiple identities, effects of accreditation on

developing art therapists, and the challenges and

benefits of holding a dual identity as an art therapist.

1:00 to 2:30 pm WORKSHOPS (Separate registration

and ticket required)

SS-180 | Art Therapy for Educators: Looking At The

Effects of Art-Making on Burnout | Intermediate to

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relation to psychedelic-assisted psychotherapy.

Participants are invited to journal about a non-

ordinary state (dreams, meditation). Materials will

be presented and participants may create art

reflecting their experience.

SC-105 | Awaken The Creative Within Through

Process Painting | Intermediate to Advanced | ATCB,

NY LCAT

Elissa Arbeiteman, MA, ATR-BC

Give yourself the opportunity to rediscover your

creative self, alongside others without pressure to

perform, produce or succeed. Focus on the act of

painting itself and your experience while painting

rather than the final art product. Return to the idea

that creative expression can serve as a tool to heal

and connect.

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continuing education)

ES-286 | Blending Cultures: Art Therapy and

Counselor Educators in Art Therapy Education

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recognizing power and privilege, empowering clients,

tracking our perceptions of the LGBTQ+ community,

and assessing our intent and art therapy

interventions.
Surveying how the arts are used in current social movements offers approaches for art therapy rooted in social justice. These include: visualizing injustices, representing voices, bringing people together, and imagining solutions. The presenters will note where art therapy overlaps, diverges, contradicts, and complements with protest and activist art.

This presentation will explore usage of digital video therapy and animated films with children with cancer. Integration of this technology into therapeutic practice will be discussed as well as ethical considerations and guidelines for best practice. Short films made by clients will be shown as examples.

For centuries, women have sewn, stitched, and woven worldwide to create community, externalize experiences, and sustain mental health and wellbeing. We will explore the history and socio-political significance of textile art media for women and the potential therapeutic benefits, inviting art therapists to integrate textile media into their practice.

This focus group will be a space for survivor-therapists to discuss of the code of silence around mental illness, stigma, oppression, and the effects of these on clinical work, professional identity, and personal identity. Participants will discuss intersections of minority status and stigma, strengths of survivor-therapists and anti-oppressive narratives.

Participants will view a video interview of minority art therapists who will discuss challenges and experiences practicing within the field. Two facilitators will guide participants in a discussion to share positive experiences and concerns in cross-cultural practice. Session will focus on facilitating cross cultural discussion and translation to professional practice.
2:30 to 3:20 pm PAPER SESSIONS
AS-79 | Addicted to Love: Therapeutic art as treatment for Love Addiction | Basic | ATCB, NBCC, NY LCAT
Jennifer Lee, MPS, ATR-P, LMHC-A (September 2020)
Love addiction is a behavioral (or process) addiction in which one obtains a “high” from romance, fantasy, or falling in love. This paper presents a case study of an adult cisgender female who identified as a love addict. Four therapeutic art interventions are discussed as possibilities for treatment.

TR-244 | Variables Identified in PPAT Assessment with Clients with Trauma History | ATCB, NBCC, NY LCAT
Rebecca Lyn Gillam, MS, LPC, ATR-BC
This presentation will look at and present variables found in Person Picking an Apple from a Tree (PPAT) when clients have experienced trauma. Visual examples will be provided. These variables will suggest clinical information helpful in the assessment of trauma impact.

MS-82 | Validating Art Therapy for Pediatric Patients | Basic | ATCB, NBCC, NY LCAT
Elizabeth Fallat
How can the value of art therapy be shown? This presentation reviews possible challenges hospitalized pediatric patients may endure and highlights how art therapy aims to provide support. A brief video created to bring awareness and provide information regarding the value of art therapy for hospitalized children is featured.

RE-311 | FNIRS and Self-Report Assessment of Artmaking in Virtual Reality | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Asli Arslanbek, Girija Kaimal, EdD, ATR-BC and Katrina Carroll-Haskins, MA, PhD Candidate
We present results from a study examining outcomes of a virtual reality-based art therapy session on reward perception, as measured using functional near infrared spectroscopy (FNIRS), and self-perceptions of quality of life in healthy adults (18-70 years old). Differences in results based on olfactory stimulation will also be shared.

2:45 to 4:15 pm WORKSHOPS (Requires separate registration and ticket)

MC-208 | Art Therapy at Hawaii’s only Forensic Hospital the Red Roof Inn | Basic | ATCB, NY LCAT
Kate Madigan, MA, ATR-BC
Kate Madigan, a social action art therapist, works with forensic patients in Hawaii. Through stories and images of patient artwork, she will explore how and why our lives and experiences are shaped by social ideologies and locations. Participants will also learn how to make four varieties of Hawaiian leis.

ES-150 | Double Self-Portrait: Integration of the Personal and Professional Identities of Therapists | Basic | ATCB, NY LCAT
Hyunjung Lee and Sojung Park, PhD, ATR-BC, LCAT
Participants will get hands-on experience of creating a double self-portrait using transparent acrylic boards to integrate their personal and professional selves as art therapists. The meaning of balancing the healthy separation between the personal and therapeutic process will be shared.
professional selves and their integration will be discussed.

SC-282 | Art for Peace: Practicing What We Preach | Basic | ATCB, NY LCAT
DeLora Putnam-Bryant, Jill McNutt, PhD, ATR-BC, LPC, ATRL, ATCS and Barbara Fish
The Art for Peace Group is inspired by the events of September 11th, 2001. Since then participants gather, making art to support our ability to respond instead of reacting to the events that surround us. This workshop offers this practice to help us support our intentional participation at the conference.

MC-87 | Beyond Weaving: Exploring Multicultural Textiles through Therapeutic Art Interventions | Basic | ATCB, NBCC, NY LCAT
Marissa Biswabic, MAAT, ATR-P
From ancient times, textiles have evolved and branched out into many directions globally. This workshop will engage participants in a brief discussion about the history/culture of textiles and their use in art therapy. Participants will learn about specific examples of accessible art interventions that incorporate textiles and cultural education for use with patients.

3:30 to 4:20 pm FOCUS GROUPS (Not eligible for continuing education)
MC-96 | Intracultural Practice for Art Therapists Who Identify as a Person of Color | Intermediate to Advanced
Miki Goerdt, MA, LCSW, ATR-BC
Intracultural practice is defined as working with clients from the same ethnic/racial group of the therapist. Intracultural practice for POC art therapists consist of different challenges from Caucasian-to-Caucasian encounters. This focus group aims to explore the shared experiences of POC art therapists in order to strive for culturally sensitive practice.

PP-157 | Mandalas in Clinical and Non-Clinical Settings | Basic
Susanne Fincher, MA, ATR-BC, LPC
Participants in this Focus Group have a forum to share their views of best practices using mandalas in both clinical and non-clinical settings. Participants are encouraged, but not required, to bring artwork for review. The group will be facilitated by an ATR-BC who has published books and articles about mandalas.

3:30 to 4:20 pm PAPER SESSIONS
AC-301 | Wounded Healer as Artist: Therapists with Mental illness Utilizing the Creative Process | Basic | ATCB, NBCC, NY LCAT
Haley Triolo, MAAT, and Michelle Dean
The wounded healer offers a powerful metaphor to explore the lived experience of therapists with mental illness. Participants will learn how to conceptualize effective self-disclosure and manage difficult countertransference through art making and imagery of the wounded healer. Stigma will be identified and suggestions for activism will be offered.

TR-75 | The Art Therapy Genogram: Modernist & Postmodernist Approaches to Exploring Relationships | Basic | ATCB, NBCC, NY LCAT
Tanya Alexander, MA, LMFT, ATR-BC, AADC
As society evolves, there is a call for therapists to be more creative in practice to meet the needs of a diverse clientele. This session explores modernist & postmodernist Art Therapy genogram relational exploration, with the incorporation of specific theory concepts & working in the miniature.

SS-220 | Introducing Art Therapy to the Education System in Impoverished Neighborhoods | Basic | ATCB, NBCC, NY LCAT
Susan Kappel and Samantha Barone, MA-CAT
Art therapy has long been an underused resource when it comes to the education system. Social worker’s and guidance counselors have been tasked to oversee these settings. In impoverished Neighborhoods, trauma and crisis are likely to occur. Art Therapy can be introduced to create community support to students and faculties.

Caroline Alexis Decosimo, Drph, MA, LCMHC, ATR
The global hunger for art therapy’s practices has continued to grow, opening doors for art therapists interested in global work. This paper introduces global mental health disparities, challenges, and opportunities linking best practices and resources from the global mental health field as it pertains to the field of art therapy.

TE-20 | Implementing Digital Art Therapy in Adolescent Group Work | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Gretchen Miller MA, ATR-BC, ACTP
This presentation offers an overview about introducing digital art therapy to adolescents in a partial hospitalization program. Content will include
sharing the benefits, challenges, and ethical considerations experienced when implementing digital media with this population and for a group setting. Digital art therapy interventions and examples will also be presented.

4:30 to 5:20 pm FOCUS GROUP (Not eligible for continuing education)

MC-315 | White Feminist Accountability in Organizational Systems | Intermediate to Advanced | ATCB
Deborah DelSignore, Catherine Moon, Katharine Houpt and Sarah Kremer
The goal of this focus group is to discuss how best to disrupt Whiteness by critically engaging with ideas organizing with others to challenge ongoing complicit behaviors which perpetuate racial dominance, and shift the art therapy profession towards a more conscious path of “do no harm.”

4:30 to 5:20 pm PAPER SESSIONS

AU-336 | Art Therapy within an Adult Education Centre for Individuals with Special Needs | Basic | ATCB, NY LCAT
Erica Nicole Onofrio
Limitations arise when working as an art therapist within the school environment. By incorporating art into an adult with special needs’ day, they are encouraged to create unique artwork to respond to their needs and level of functioning, allowing them to create connections with others within a safe space.

PP-326 | Art as Yoga: Implications and Suggestions for the Field of Art Therapy | Intermediate to Advanced | ATCB, NY LCAT
Michael A. Franklin, PhD, ATR-BC
Yoga and art are awareness practices that join together the exploratory investigation of our finite experience of embodiment with an expansive view of the infinite consciousness that we are. Additionally, both art therapy and yoga present pathways for mitigating human suffering while supporting viable practices for personal and cultural transformation.

MC-245 | Shaping Art Therapy Practice for Korean LGBTQ+ Clients | Basic | ATCB, NBCC, NY LCAT
Minji Jeong and Gayoung Lee
Two art therapists share how they shaped their practices for Korean LGBTQ+ clients. Art therapy is a relatively new profession, and it is unfamiliar to Koreans. LGBTQ+ population bears prejudice and discrimination in Korean society. Their experience holds how two minority groups helped each other to grow and heal.

ES-190 | Exploring Art Therapy in the Online Environment | Intermediate to Advanced | ATCB, NY LCAT
Erin Carter and Katrina Wehr
Learn how a large research university in the Mid-Atlantic region proposed, developed, and successfully implemented an online introductory art therapy course for undergraduate distance learners. This general education course prioritizes art-making and aims to correct misconceptions about art therapy and other expressive therapies for non-art majors.

MS-247 | Creative Connections: Building New Narratives with Bereaved Families | Intermediate to Advanced | ATCB, NY LCAT
Alexis Lombardo and Christina A. Myers
This presentation focuses on the collaborative work of an Art Therapist and Music Therapist in supporting connection and building new narratives with bereaved families of pediatric oncology patients, as well as recommendations for future co-treatment interventions for end of life and follow up bereavement support.

5:30 to 6:30 pm SCHOLARSHIPS, HONORS AND AWARDS PRESENTATIONS
All conference attendees are invited to this annual session to cheer on and celebrate with our scholarships, honors and awards recipients!

6:30 to 7:30 pm CANDLELIGHT MEMORIAL CIRCLE
All attendees are invited to this event where the lives of art therapists who have passed since our last conference will be remembered. If you have someone you would like to be added to the remembrance email the National Office.
8:00 to 11:00 pm: SATURDAY NIGHT PARTY (Not included in Economy, Daily or 2-Day Registration Packages. Tickets can be purchased separately.)

Join your friends and colleagues at this fun annual event where you can dress up in your best Halloween costume to compete for some awesome prizes, dance the night away, enjoy drinks from the cash bar, and some light appetizers. It’s sure to be a “spook-tacular” event!

SUNDAY, NOVEMBER 1

7:00 am to 12:00 pm CONFERENCE REGISTRATION OPEN

7:30 am to 4:00 pm LACTATION ROOM - A room near the conference meeting rooms will be available for those who are nursing or pumping. The room will have plug points and a mini-fridge and microwave.

9:00 am to 12:00 pm EXHIBITS/ART STUDIO/BOOKSTORE OPEN

8:00 am to 4:00 pm ALL DAY ADVANCED PRACTICE COURSES (Separate registration and ticket required)

PP-305 | Treating Suicidal Behaviors with DBT-Informed Art Therapy | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Jane DeSouza, MPS, ATR-BC, LCAT

What happens after the crisis of imminent danger has passed? Does the therapist and client go back to “therapy as usual”? This course presents strategies to work with clients with chronic suicidality promoting change toward positive, hopeful belief in the future, building resilience and reducing frequency of urges to die.

GM-212 | Art therapy with Traumatically Bereaved Youth | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Laura Loumeau-May

This course examines the use of art therapy with traumatically bereaved youth. Developmental and complicating factors of the grief process for children and teens are discussed. Case presentations highlight treatment planning, assessment and the development of techniques for individual bereavement needs. Experientials will include personal exploration and case application.

MC-283 | Art Therapy with Transgender Youth | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Kelly Darke and Shannon Scott-Miller, MA, ATR-BC

Affirming art therapy provides a supportive model for youth to explore gender in a safe, welcoming environment. We will present the needs and challenges of transgender youth along with responsible, ethical model for art therapy clinical practice.

TR-108 | Mental Health in Crisis: Addressing Trauma Using Art Based and Storied Approaches | Intermediate to Advanced | ATCB, NBCC, NY LCAT

Hugh K. Marr, PhD, LPC and Paula Howie, MA, ATR-BC, LPC, LCPAT, HLM

The Program Continues on Sunday!

The Sunday program features All-Day Advanced Practice Courses, where you can earn 7 units of continuing education, Papers and Panels!

And there is a special session from 9:00 am to 4:00 pm, called Frontlines of Art Therapy Advocacy: Roll Up Your Sleeves & Develop a Plan of Action.
Drawing on art narrative, art history, and personal story, this workshop will aide clinicians in gathering, understanding, and co-changing foundational, life, and trauma stories. It includes numerous clinical examples, experiential exercises, and discussion to introduce art therapists to the theory of trauma story development and change.

**RE-182 | Embroidering Pieces of Place | Basic | ATCB, NY LCAT**
Eliza Homer
Throughout history and across cultures, fabric and needlework have been symbolic means to identify ethnic group and social status. Doctoral research conducted in Mexico explored the potential use of folkart for well-being and decolonizing an art-based research approach. Attendees create embroidered story cloths within the context of place and culture.

**CA-340 | ETC-Informed Tabletop Puppetry Techniques in Art Therapy | Intermediate to Advanced | ATCB, NY LCAT**
Matthew Bernier
This workshop provides an arts-based, experiential overview of the Expressive Therapies Continuum (ETC) and its application to therapeutic puppetry. We will construct and animate intimate, tabletop-style, puppets/figures with attention to aesthetic choices of materials and processes the use of space, music/sound, and movement and embodied emergence of acts of meaning.

**PP-52 | Creative Self-care: Advancing your Mental Health to Support Personal and Professional Effectiveness | Intermediate to Advanced | ATCB, NBCC, NY LCAT**
Barbara Parker-Bell and Patricia Isis, PhD, LMHC-QS, ATR-BC, ATCS
Therapists face challenges in balancing and sustaining care for others and themselves. When therapist care is neglected, reduced therapeutic effectiveness and therapist quality of life may result. In this course, participants will be provided means for exploring and supporting dimensions of self-care via achievable creative strategies and mindfulness-based practices.

**AS-106 | Current Issues and Approaches in Art Therapy And Addictions Treatment And Research | Intermediate to Advanced | ATCB, NBCC, NY LCAT**
Holly Feen-Calligan and Libby Schmanke, MS, ATR-BC, ATCS, LCAC, MAC
This dynamic course will address art therapy and addictions through lecture, PowerPoint images, Motivational Interviewing demonstration and bingo game, art directives, and dyadic/triadic experiential learning. Participants will examine the bridge

**8:00 to 9:30 am PANEL SESSION**
**RE-86 | Success in Research: Invigorate Goals, Strategize, Gain Institutional Support, & Attract Funding | Basic | ATCB, NY LCAT**
Morgan Gaydos, Deborah Elkis-Abuhoff and Patricia St John, EdD, ATR-BC, LCAT
Members of AATA’s Research Committee address needs of art therapists with varying levels of research experience to facilitate problem-solving. Whether you are a seasoned researcher or just starting to seek information on research methods, writing a valid study, or applying for grants, this session offers something for almost everyone!

**8:00 to 8:50 am PAPER SESSIONS**
**ES-54 | Art-Based Supervision Rationale, Advanced Training Course and Applied | Intermediate to Advanced | ATCB, NBCC, NY LCAT**
Tami Gavron, PhD
This presentation describes new academic research-based and clinical perspectives on art-based supervision (ABS). It presents recent theory through case vignette followed by a model for an art-based training course. Mixed method research to evaluate the impact of the ABS training program is discussed.

**CA-154 | Introducing Physical Activity Into Group Art Therapy in an Alternative School Setting | Intermediate to Advanced | ATCB, NBCC, NY LCAT**
Marlie Krickus
Discussion of an art therapy method that integrates physical activity into a clinical art therapy group through work stations, timed intervals, kinesthetic materials, and unobstructed space to transition through. Targeted symptoms in methods development included aggression, impulse control, task completion, and inattention.

**9:00 to 9:50 am PAPER SESSIONS**
**RE-306 | “No Right or Wrong Answers”: An Effective Art Therapy Approach Using Smartphones | Basic | ATCB, NBCC, NY LCAT**
Jee Hyun Kim, PhD, ATR-BC, LCAT
This presentation will demonstrate how the “No right or wrong answers” clinical approach was utilized with a smartphone, a popular medium within adolescent culture, with hidden interventions using progressively challenging themes to empower culturally rigid children. Quantitative and qualitative
research findings will show how they overcame their cultural resistance.

**PP-60 | Positive Psychology Arts Interventions: Creative Tools for Therapeutic Practice | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

*Olena Darewych*

This paper presents action-oriented and reflective arts interventions grounded in positive psychology frameworks that therapists can integrate in their therapeutic practice as creative vehicles by which clients can express negative and positive emotions, identify character strengths, undergo self-awareness, reflect on sources of life meaning, and discover spirituality.

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**9:00 am to 4:00 pm Special Session**

**Frontlines of Art Therapy Advocacy: Roll Up Your Sleeves and Develop a Plan of Action**

Interested in learning more about licensure efforts throughout the US, as well as attaining “take home” strategies to use in your community?

JOIN US FOR THIS SPECIAL SESSION!

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**10:00 to 10:50 am PAPER SESSIONS**

**MC-225| Eating Disorders and Gender: How Intersectional-Feminism Can Help | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

*Veronica Delgado*

This paper positions eating disorders in LGBTQ+ individuals as manifestations of various types of oppression and, for transgender youth, a method for managing undesirable sex characteristics and offers principles of intersectional feminism to guide the treatment of individuals with eating disorders for trans and gender variant youth.

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**MS-199 | Art Therapy in the Neonatal Intensive Care Unit (NICU): Milestone Photo Program | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

*Meg Weryha, MA, ATR-BC*

Using evidence-based art therapy practices, with trauma and grief counseling models, the Milestone Photo Program supports families while their baby is admitted to the Neonatal Intensive Care Unit (NICU). Caregivers and the therapist work together to create keepsakes honoring their family’s growth, courage, and unique NICU journey.

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**RE-85 | Creating an Art Therapy Strategic Research Plan: Next Steps and Future Directions | Intermediate to Advanced | ATCB, NY LCAT**

*Nancy Gerber, PhD, ATR-BC and Theresa Van Lith, MA, PhD*

This presentation focuses on the next steps of a multi-phasic proposal to formalize a research strategic plan for art therapy. We will share our findings drawn from collecting, analyzing, and synthesizing data from multiple critical sources involving past and current art therapy research practices.

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**11:30 am to 1:00 pm PANEL SESSION ET-270 | Ethics of Art Therapy Telehealth | Intermediate to Advanced | ATCB, NBCC, NY LCAT**

*Mary Attridge, Wendy Wasserman, Alison Maples, MA, LPC, ATR and Carolyn Treadon, PhD, ATR-BC, ATCS*

This panel presentation will cover considerations and current trends in the practice of mental health through the vehicle of telehealth. Issues specific to therapists and the practice of art therapy including ethical, legal, logistical, and clinical considerations will be covered.
Frontlines of Art Therapy Advocacy: Roll Up Your Sleeves and Develop a Plan of Action
(Continental Breakfast Included)

If you are interested in learning more about licensure efforts throughout the US, as well as attaining “take home” strategies to put into action and make an impact in your community – then we encourage you to join this session. Read more below.

Session 1: 9:00 to 10:30 am | AC-366 | Licensure Expands Across the Country: Tips from the “DMV” (DC, MD and VA) | Intermediate to Advanced | ATCB, NY LCAT
Jordan Potash, PhD, ATR-BC, LCPAT, Cheryl-Doby Copeland, PhD, ATR-BC, LPC, LMFT, HLM, Amanda Bechtel, ATR-BC, LCPC, LCPAT, Elizabeth Hlavek, DAT, LCPAT, ATR-BC, Gretchen Graves, ATR-BC, CDATA, Carol Olson, LPC, ATR-BC, and moderated by Clara Keane

Momentum to secure art therapy licensure in every state is on the rise, with a record of 12 licensure bills active in the 2020 legislative sessions! Virginia enacted its license in 2020 and the District of Columbia is waiting for final adoption of a licensing resolution, which will result in art therapists throughout the entire DMV (the District-Maryland-Virginia region) achieving licensure. Panelists will share their advocacy best practices and lessons learned to inspire and prepare colleagues running campaigns in other states. They will also discuss their next steps for educating the public and securing reimbursement parity for licensed art therapists.

Session 1 Breakout (10:00-10:30 am) Get together with advocates from your state and using a worksheet draft an advocacy plan (e.g. write out your legislative campaign goals, identify your targets; list potential coalition partners and opposition groups).

10:30 to 10:45 am – BREAK

AC367 | Cutting through the Clutter: Getting your Message through to Lawmakers | Intermediate to Advanced | ATCB, NY LCAT Rachna Choudhry, MPP, and Jay Dick, Senior Director of State and Local Government Affairs, Americans for the Arts

Lawmakers are bombarded with information and requests from constituents and lobbyists every day. How can you cut through the noise? What’s more effective, posting to social media, emailing, calling, or meeting in-person with your lawmaker? Don’t guess, follow the data! Speakers will provide you with strategies and tactics on effective grassroots advocacy to strengthen your campaign.

Session 2 Breakout (11:30 am -11:50 am) Strategize with your team to develop tactics to achieve your goals and further flesh out your advocacy plan.

Session 2 Report Out (11:50 am to 12:30 pm) Groups will report goals and main tactics to the room, learn from other campaigns, and get feedback from the facilitators.

12:30 to 1:30 pm: Break for Lunch on Your Own - Enjoy lunch at the Hyatt’s restaurant, or visit one of the affordable restaurants near the Hyatt (list and map).

Session 3: 1:30 to 4:00 pm Individual Chapter and Networking Meetings
All current and prospective chapter members and others interested in the work in their local communities are invited to join in this session. Chapter leaders will convene meetings and AATA Leadership will be on-hand to listen, provide advice and respond to Chapters as they develop Take-Home Plans and Strategies.

More Papers and Panels on page 29. Sessions offered until 4:20 pm
12:00 to 12:50 pm PAPER SESSIONS | SC-350 | The Ekphrastic Encounter: When Poetry Meets Art | Intermediate to Advanced | ATCB, NY LCAT
Nancy Choe, MFA, MA, LMFT, ATR
The phenomenological experience of writing and reading poetry in response to visual art can aid in self-reflexivity and self-reflection. Using the close reading method of narrative medicine, this presentation will discuss the practice of ekphrasis and how it can be used in art therapy practice and pedagogy.

RE-13 | Do Graduate Students’ Mandalas Exhibit Archetypal Patterns Based on Kellogg’s MARI®? | Basic | ATCB, NY LCAT
Renee Van Der Vennet, PhD, ATR-BC, ATCS, LCAT, LMHC, CGP
This research investigated whether a “mandala set” (N = 143) drawn by art therapy graduate students (n = 36) depict archetypal patterns and stages as defined by Kellogg’s Great Round of archetypal stages in mandalas in the MARI® and if these patterns relate to significant events in their lives.

LUNCH ON YOUR OWN: Enjoy lunch at the Hyatt’s restaurant, or visit one of the affordable restaurants near the Hyatt (list and map).

1:00 to 2:30 pm PANEL SESSION
MS-264 | Rehabilitative Benefits of Art Therapy for Parkinson’s Disease | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Alberto Cucca, Ikuko Acosta, PhD, LCAT, ATRC-BC and Marygrace Berberian
Art therapy holds promising rehabilitative potential for people with Parkinson’s Disease (PD). Treatment considerations learned from an exploratory, cross-sectional, controlled, biomarker study will be shared.

1:30 to 2:20 pm PAPER SESSIONS
RE-153 | The Interviews of Geriatric Group Art Therapists From Long-term Care Facilities | Intermediate to Advanced | ATCB, NBCC, NY LCAT
Ming Fu Wu, PhD, ATR-BC, LCAT, TRAT and You Jhih Tsao
Through semi-structured interviews, this study integrates seven art therapists’ experiences and perspectives of facilitating groups for elders in long-term care facilities. Research outcomes including challenges of facilitating groups for elders, possible therapeutic factors, effects of change, and various art therapists’ working experiences in the organization setting, will be presented.

MC-235 | Arts-based Study of Family Resilience among Caribbean Families | Basic | ATCB, NBCC, NY LCAT | Karina Donald
This paper will provide art-based research results on the experiences and resources of family resilience among English-speaking Caribbean families. Art materials, images, and cultural considerations will highlight clinical interventions for Caribbean families. Therapeutic interventions will explore how to provide strengths-based family art therapy for Caribbean families experiencing severe stress.

2:30 to 3:20 pm PAPER SESSIONS
PP-143 | Collaborative Art Making as a Couple: Implications for Art Therapy Practice | Basic | ATCB, NY LCAT
Alyssa Hayes and Julia Willinger
Two art therapists share their personal and professional journey through collaborative art making and written reflections throughout a 6-month time period. The presenters will discuss how their engagement with processes and materials has informed their professional identity development as artist-therapists and describe implications for providing couple’s art therapy.

2:45 to 4:15 pm PANEL SESSION
SC-84 | Art Therapy Support Group for Female Hard Hats | Intermediate to Advanced | ATCB, NY LCAT
Val Sereno, MA, ATR-BC, LCAT
Alumni of the NEW group (Non Traditional Employment for Women) meet monthly for an art therapy support group. Coping strategies to deal with being in a male dominated profession where they are marginalized are discussed. Art therapy has helped them express their feelings and share their experiences.

2:45 to 4:15 pm PANEL SESSION
SC-290 | Craft in Art Therapy: Transformative, Accessible, Empowering | Intermediate to Advanced | ATCB, NY LCAT
Mikey Anderson, Jessica Stallings, DAT, ATR-BC, LMHP, LMHC, LPC, Joshua Kin-man Nan, PhD, MA, ATR, Lisa Garlock, Lynn Kapitan and Lauren Leone
This panel brings attention to the value of craft materials and methods for art therapy practice. Panelists illuminate the therapeutic potential of craft, and demonstrate the craft’s potential to help us build community, care for ourselves and each
other, and play a valuable role in a socially-just art therapy practice.

3:30 to 4:20 pm PAPER SESSIONS
SC-216 | Truly Ugly | Intermediate to Advanced | ATCB, NY LCAT
Karin Dannecker
Ugliness stirs up deep emotions closely related to issues of fear, anxiety and guilt. Its tie to mortality makes ugliness to be an ever present, human subject being dreaded and avoided. The paper discusses concepts of “ugliness” aiming to understand more about the realms of the “ugly” in art therapy.

TA-56 | How Coloring Contributes to Mental Health | Basic | ATCB, NBCC, NY LCAT
Rebecca Wilkinson
This presentation identifies how coloring fits within different clinical models of art therapy. We will examine research into the benefits and clinical applications of coloring. We will outline how the ongoing popularity of coloring books provides opportunities for us to educate the public about art therapy.